

Summary of Results of Maine's Heart Truth Women's Health Spokesperson Training

Outcomes

- Two training sessions held (Presque Isle and Augusta) with a total of 48 participants
- 32 of these participants indicated an intent to do subsequent presentations
 - 6 participants have done community presentations
 - 8 HMPs attended and requested materials (3 have done community presentations)
 - 6 Health Care settings requested materials
 - 13 worksites
 - 4 educational/academic settings

Next Steps

- Conduct at least two more trainings to reach rural western Maine and Native American population
- Develop and administer a survey to all those trained - gather information on their presentations, where, who was the target audience and how many participants.